



**Currently Available
Telehealth Services**

Telepsychiatry

TelePsychiatry services link the client with a psychiatrist in a distant location. Connecting to Care has a working relationship with Cedars Sinai Medical Center, Department of Psychiatry, to provide psychiatric services to adults and adolescents. Currently Connecting to Care operates fourteen clinics a month in both Redding and Chico locations.

Assistive Technology

Connecting to Care provides Assistive Technology (AT) evaluations, training, and hands on sessions both in our AT Library or in the client's environment, i.e., home, work or school. Connecting to Care currently contracts with schools, Far Northern Regional Center and the California Department of Rehabilitation.

**VIDEO CONFERENCING SERVICES
ARE AVAILABLE UPON REQUEST**

If you would like additional information about these services, please contact Connecting to Care at (530) 722-1156.



**Contact us for more information
about our services:**

Connecting to Care
1024 Mistletoe Lane Suite B
Redding, CA 96002
(530) 722-1156

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Connecting to Care

a non-profit organization that uses innovative
technology to help people connect to care



Connecting to Care

TELEPSYCHIATRY



**For clients, families and
care providers located in
the following counties:**

**Butte
Glenn
Lassen
Modoc
Plumas**

**Tehama
Trinity
Siskiyou
Shasta**

What is Telehealth?

Telehealth developed because there is a shortage of specialists, especially in rural areas. Telehealth allows Far Northern Regional Center to connect consumers with specialty physicians at distant locations using video conferencing technology.

Telepsychiatry brings the patient, family and support professionals together in a *virtual* clinic. The specialist conducts the same assessment as would be done in person in a regular office. The consumer's family or caregivers are welcome to invite additional family members or other professionals to the Telehealth appointment if they believe it will help the psychiatrist better understand their client's needs.

What happens during the Telehealth visit?

A special camera will allow the specialist and client to hear and see one another.

The specialist will ask questions and suggest treatment recommendations. This information will be communicated to the primary care physician for follow-up with the caregiver and client.

Accessing Telehealth Services

The client's caregiver and primary care physician will request services from the Far Northern Regional Center (FNRC) Service Coordinator.

Once FNRC authorizes services, the service coordinator will request a TelePsychiatry Referral Packet from the Connecting to Care Telehealth Coordinator.

When the referral packet is completed an appointment will be scheduled and information will then be distributed to the client's family or conservator, service coordinator and other parties involved in the client's day to day care.



Connecting to Care operates clinics in Redding and Chico locations. Clients residing in outlying areas may be scheduled at the local community clinic or hospital where Telehealth services are available.

The Benefits of Telehealth

With Telehealth you don't have to travel long distances to visit a specialist. During the telemedicine visit the specialist can see and talk with you and other people involved your care. This allows the caregiver, FNRC service coordinator, and primary care physician to work as a team, providing greater care continuity. Your primary physician can share your medical information with your specialist for a second opinion and receive immediate feedback from the specialist.

How long does the appointment last?

The first visit may take up to an hour and after that most visits are completed in about 30 minutes.

Who conducts the appointment?

The Director of Telehealth facilitates all tele-psychiatry sessions and provides case management services necessary to achieve medical stabilization.

